

KNOW THE Warning Signs OF VIOLENCE

Sudden withdrawal from family and friends

Excessive irritability or anger

Chronic loneliness or social isolation

Directly expressing a threat as a plan

Bullying; especially if targeted toward a particular race, gender, etc.

Expressing persistent thoughts of harming themselves or others

Making direct threats toward a place, themselves, or other person

Bragging about access to guns or other weapons



**If you know something, say something.
Help keep your school safe.**

*Source: sandyhookpromise.org